



# Coffs Harbour Public School

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**We acknowledge the traditional custodians of the land on which we live and work and we pay our respects to the Elders both past and present**

**5th September, 2018**

Dear Parents and Carers,

I am so happy to share the great news with our whole school community that the major works are underway at our school. By July 2019, weather permitting we should have a beautiful new library, two new classrooms and the administration building fully refurbished.

Today I participated in the start-up meeting with the building contractors, Lipman Pty Ltd and the project managers. It was a very positive meeting and everyone is set to go.

The project will be done in 3 zones. The first zones to be started will be building the library and the administration building. When these are underway the classrooms will be started. The project will take 40 weeks to complete.

Yesterday the temporary fencing was started. More fencing will be erected around the staff car park and the administration building. If you have a child with a disability and you normally use the disabled car park, this space will still be available as will the taxi and bus parking areas on Salamander Street.

I look forward to sharing photos of the journey with you. Thank you in advance for your patience and support whilst our school remains working as per usual during these exciting times.

This week is School Administrative and Support (SAS) Staff Recognition Week, a time to acknowledge and thank the often unsung heroes in our school. Our SAS staff play an important role in the school community. They are often the first people you see when you enter a school and are essential to maintaining positive relationships with students, parents and the community.

SAS staff work in school offices, in classrooms and libraries and maintaining and caring for school grounds and buildings. They are often the ones to tend to students when they unwell and they ensure the efficient management of school financial and administration functions. On behalf of our entire school community I want to thank the many SAS staff at CHPS for their outstanding contributions they make every day to our wonderful school. Thank you and enjoy your special week.

Have a great week,  
Leonie

## Multicultural Day

We wanted to say a BIG thank you to the parents, carers and families who helped to make Multicultural Day such a success. From those who helped on a stall, brought in a plate of food or donations, it was greatly appreciated.



## Shape Program

We would like to welcome the following six Southern Cross University students to Coffs Harbour Public School. We are fortunate to have Miss Proctor, Mr Grenfell, Miss Wilson, Miss Haiser, Mrs Plummer and Mr Saville participating in the SHAPE program this term. The SHAPE program allows the students to attend our school every Monday for 5 weeks, where they engage in professional development, observe class demonstrations and spend time in their base classrooms. This opportunity provides the SCU students to build relationships with students and staff, build their confidence and develop a good understanding of our school. In Term 4 they will begin their practicum which involves a block in their base classrooms.



# Food Smart Program

## Food Smart families love their leftovers!



Hi everyone,

Many of our Food Waste families have completed their first food waste audit and are now well on their way to making much better use of the food they buy and saving money while helping the environment! Soon they will undertake their second food waste audit to see how much food waste they have reduced in their own home.

All families that have completed their first food waste audit are invited to participate in our FREE bees wax wrap making workshops.



### Bees Wax Wraps workshop

Learn how to make your own beeswax wraps and keep your food fresh and plastic free!

If you want to kick the single-use disposable habit then homemade beeswax wraps are a great alternative. You can use them in the place of cling wrap to cover food and keep it fresh, plus they're reusable and can easily be refreshed if the wax starts to wear. They can be used for wrapping veggies, sandwiches, baked goods and leftovers helping your food last longer!

Come along to a workshop and learn how to make, use and care for beeswax wraps

### Love Your Leftovers

We all know the feeling when we're left with one portion of cooked veggies or leftover pasta and are not sure how to use them up. There is no reason to throw out perfectly good leftovers, just apply a bit of creativity – leftover salsa can become tomato paste, turn cooked sausages into a salad, whizz stale bread into crumbs for schnitzel... the options are endless. If in doubt, **just try it out!** For more recipe ideas, download the [Love Your Leftovers app](#).

### Miss Farrell bringing in left overs for lunch



### Perfect portions

Cooking or preparing the right amount of food is one of the best ways to save money and reduce food waste. You can follow a recipe or use a serving size calculator to measure the amount of food you need. Our hands are also a 'handy' guide to show how much we need to cook.

- Potatoes, rice, pasta and legumes should be the size of your clenched fist.
- Fruit, nuts and seeds should be the size of one cupped hand.
- Vegetables and greens should equal two cupped hands.
- Meat and eggs should be the size and thickness of your palm.
- Cheese, spreads and dressings should be the size of your thumb.

Watch [this video](#) to learn more about perfect portions

[https://www.youtube.com/watch?v=s-NqHgQ\\_mHc&feature=youtu.be](https://www.youtube.com/watch?v=s-NqHgQ_mHc&feature=youtu.be)

## P&C NEWS

Our next P&C meeting will be held on Wednesday 12th Sep at 6pm in the staff room.

A very big thank you to everyone who purchased items at our Father's Day Stall last week. We hope everyone had a lovely day and that all the dads and grandads enjoyed their gifts.

Currently, our P&C is a small group but we are always looking forward to welcoming new members who may be interested in being part of our P&C.

If this is something that might interest you please come along to a meeting and we can give you further information. Alternatively, you can contact us through our email or Facebook page.

For all inquiries please email us at [chpspandc@gmail.com](mailto:chpspandc@gmail.com)

You can also get regular updates on our Facebook page: <https://www.facebook.com/chpspandc>



## COFFS HARBOUR PUBLIC SCHOOL PRESENTS On Friday September 7th

# PETER RABBIT

## UNDER THE STAIRS

**POSTPONED**  
Rescheduled for Friday September 21st

Gates open at 5pm, 6pm & 7pm Movie

On Friday  
September 7th

At Coffs Harbour  
Public School

Enter Via Curacoa St

Prices:  
\$7 a ticket  
\$20 for a Family

Tickets:  
available from  
Coffs Central and  
the School Office

Entertainment and  
Food Trucks



COFFS HARBOUR, 34 Marcia St. P: 02 6652 1811



## Otitis Media Awareness Day

**Thursday 25th October**  
**Park Beach Plaza**  
**10am - 5pm**

Is this your child?

- Frequent colds and ear infections.
- Poor speech development
- Trouble concentrating in class.

**FREE**

Ear Health Checks for Children.  
No Appointment Necessary.

This event is initiated by the NSW Department of Education in conjunction with Mid North Coast Local Health District and Galambila Medical Service.

**Hard to Hear,  
Hard to Learn!**



**Food Smart families**  
Learn how to make your own  
bees wax wraps and keep your  
food fresh and plastic free!

**Coffs Harbour Public School**

**Workshop 1: Mon 3rd Sept 3.15 - 5.15pm**  
**Workshop 2: Thurs 13th Sept 3.15 - 5.15pm**

To register TEXT your name and 'BWW' to 0402 284 439



# PBL at CHPS

This week our PBL focus is Bus Lines.

## Bus Lines

RESPECT	RESPONSIBLE	EXCELLENCE	SAFETY
<ul style="list-style-type: none"> <li>• Leave your classroom safely and quickly.</li> <li>• Move to the designated area.</li> <li>• Sit down in the correct line</li> </ul>	<ul style="list-style-type: none"> <li>• Listen to teacher instructions</li> <li>• Speak kindly to others whilst in line</li> </ul>	<ul style="list-style-type: none"> <li>• Be mindful of personal space</li> <li>• Move sensibly to bus lines</li> <li>• Look out for others</li> </ul>	<ul style="list-style-type: none"> <li>• Be mindful of personal space</li> <li>• Move sensibly around the school</li> <li>• Remain seated in line until instructed to move by the teacher</li> </ul>

## Caught Being Good Award

Our **Caught Being Good** award for Term 3 - Week 3 was awarded to Sam in 3/6 JF.

Congratulations Sam!

## Student of the Week - Term 3 Week 6

Student of the Week certificates are awarded to students who demonstrate behaviour consistent with our school expectations of Excellence, Safety, Respect and Responsibility.

Class	Name	Presented for:	Class	Name	Presented for:
KD	Kaylee	Excellent writing this week.	3H	Zoe	Making good choices.
KW	Blaire	Writing that is out of this world!	4H	Hope	A fantastic information report.
KG	Keisha	Working hard on achieving her writing goal.	4M	Keely	Designing a great outfit for STEM.
1E	Joshua	Excellent writing on Australia.	5K	Cale	Excellent research in our 'Australia as a Nation' History unit.
1P	Kyuss	Trying his best with writing.	5M	Eunice	Fantastic work on multiplication.
1M	Eliette	Excellent work in number talks.	6T	Ada	Insightful comments and observations during talk about text.
2M	Queenie	Moving around the school safely.	6B	Alice	Encouraging her group in literacy.
2F	Remi	Attending school regularly in full school uniform.	3/6 JF	Kassandra	Excellent contributions in class discussions.
2A	Zing	Being an enthusiastic learner.	3/6 M	Riley	Personal best in science.
3M	Alex	Thoughtful discussion about text	3/6 S	Ruby	Great typing on the computer.



# Coffs Harbour Public School 2018 Term 3 / 4 Calendar



Wk	Monday	Tuesday	Wednesday	Thursday	Friday
7	3/9	4/9	5/9	6/9	7/9
8	10/9 <b>Sailors for Disabilities</b>	11/9	12/9	13/9 Assembly 3 - 6 (2pm) Performance by 4M Assembly K - 2 (2:30pm) Performance by 1E	14/7
9	17/9 Stage 3 Overnight Excursion - Cascade Environmental Centre	18/9	19/9	20/9 <b>School Photos Day</b>	21/9 <b>Movie Under the Stars 'Peter Rabbit'</b>
10	24/9 <b>PB Assembly 2pm</b>	25/9 Attendance Party	26/9	27/9 Assembly 3 - 6 (2pm) Performance by 4/5M Assembly K - 2 (2:30pm) Performance by 1P	28/9 Rewards Day
Term 4 Wk 1	15/10	16/10	17/10	18/10	19/10
2	22/10 Stage 2 Overnight Excursion - Cascade Environmental Centre	23/10 Stage 2 Overnight Excursion - Cascade Environmental Centre	24/10	25/10 <b>Grandparents Day</b>	26/10
3	29/10	30/10	31/10	1/11	2/11 2019 Kinder Transition 2pm - 3pm