### **Coffs Harbour Public School**

Mrs Leonie Buehler — School Principal

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We acknowledge the traditional custodians of the land on which we live and work and we pay our respects to the Elders both past and present

### 14th November, 2018

Dear Parents and Carers,

On Monday night I had the pleasure of watching the Lighthouse Community of Schools concert at the CEX. What a fantastic presentation of local talent from our school and our community of schools. A big thank you to Ms Ford and her team for her many hours of organisation and rehearsals.

Our school chess team competed against a range of local schools at St Augustine's last Friday. They all put in a fantastic effort and it was lovely to hear about their terrific sportsmanship on the day from those attending. Thank you to Mrs Grimston, Mrs Lane and Ms Wilfert for their coaching and supervision on the day.

Thank you to our fabulous staff and students who have been working hard this term academically and for the time and effort that is going in to making our end of year concert one not to be missed!

Mrs Buehler will return from leave next week. I have enjoyed relieving for her whilst she has been on leave. Thank you to Miss Bullen for the excellent job she has done relieving in the Deputy Principal position.

Have a terrific week,

Kellie

### Kindergarten Enrolments 2019

If you have a child that you would like to enroll in our Kindergarten class for 2019, please contact the school office for further information.



### Year 6 Mini Fete

Year 6 students are busy getting everything organised for this year's Mini Fete being held on Thursday 6th December between 11:30am - 1pm. More information on the mini fete to come.



### Mini Fete White Elephant Store

Our annual end of year Mini Fete is being held this year on Thursday 6th December 2018. This year we would like to ask for donations of bric a brac for our White Elephant store - this may be toys (unbroken), jig-saws, books, small plants or anything else that is in good order and might sell. Please take all contributions to Ms Berry's room. Thank you for your continuing support at this busy time of year.

- Mini Fete Committee



### School Leaders: Stewart House Fundraiser

This term we are raising funds in weeks 5, 6 and 7 for Stewarts House. Every year, students from across NSW can access the fabulous facility in Sydney for a special holiday. This facility is funded only by NSW public school teachers, students and families. Please support us by donating any coins, buying a \$3 rubber ball or by supporting our gold coin Mufti Day on Friday Week 7 (30th November).

Thanking you School Leaders and Ms Leeson.

This week our PBL focus is Playing	on the Oval.	
RESPECT	RESPONSIBLE	A Baren
<ul> <li>Share the oval with others.</li> <li>Speak kindly to others.</li> <li>Be mindful of other people's space and property</li> </ul>	<ul> <li>Look after sports equipment and return it.</li> <li>Play fairly and for fun.</li> <li>Establish clear and fair rules before playing</li> </ul>	WE ALSO TREAT:
EXCELLENCE	SAFETY	Cockroaches     Wasps     Spiders     Redback Spiders     Silverfish     Ants     Carpet Beetl
• Display sportsmanship at all times.	Play within the boundaries.	Rodents     Clothes Moth     Fleas     Wood Borers     Bees
Encourage each other.	One up, one down rule.	Call today to arrange an inspect
<ul> <li>Look out for each other.</li> </ul>	<ul> <li>One up, one down rule.</li> <li>Be sun safe.</li> </ul>	Call today to arrange an inspe
		25 Cook Drive, Coffs Harbour www.completepestcoffs.com.

### Student of the Week - Term 4 Week 4

Student of the Week certificates are awarded to students who demonstrate behaviour consistent with our school expectations of Excellence, Safety, Respect and Responsibility.

Class	Name	Presented for:	Class	Name	Presented for:
K/1 B	Isaac	Following classroom Routines.	4H	Milan	Great progress in English.
KD	Alana	Her enthusiasm and dedication dur- ing reading groups.	4M	Fadhil	A great start at Coffs Public.
KW	Aiden	Working hard to improve his writing this term.	5K	Arabelle	For her willingness to always help others.
KG	lssac	Working hard in all his work.	5M	Brayden	Seeking feedback to improve his work.
1P	Ben	Trying hard in all his work.	6B	Maraiyde	Being a fabulous sensible Yr 6 student.
2F	led	Working really hard during class.	6Т	Samuel	Outstanding effort with his descriptive writing.
ЗМ	Nashet	Being a risk taker in the classroom.	3/6F	Maddison	Great writing and reading.
3/6J	Kallie	Great swimming this week.	K/6B	Zoe	Working to the best of her ability.
3/6C	Rainui	Excellent participation during swimming.			

## National Recycling Week

This week is "National Recycling Week".

Students will be involved with a variety of class activities during the week that support the need to ensure the environment stay clean in the future. On Friday this week 16/11/18 we will be having a "Nude Food Day".

Please refer to the attached information sheet.

Thank you for your support, encouraging less waste in our school.

### P&C News

Our next P&C meeting will be held tonight at 6pm in the staff room.

Currently, we are a small group but we are always looking forward to welcoming new members who may be interested in being part of our P&C.

The P&C is a great way to meet other parents and be involved with activities and fundraising for the school. There is no pressure to commit or to attend all meetings and events.

If this is something that might interest you please come along to the next meeting and we can give you further information. Alternatively, you can contact us through our email or Facebook page.

For all inquiries please email us at <u>chpspandc@gmail.com</u>

You can also get regular updates on our Facebook page: <u>https://www.facebook.com/</u> <u>chpspandc</u>

# NUDE FOOD DAY

### What is Nude Food?

**Nude Food** is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

#### To pack a Nude Food Lunch or Snack, you will need:

- Cutlery from home is better than throwaway plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

#### Tips for Packing Nude Food Lunches:

- Try to avoid:
   Zip lock or plastic bags, plastic wrap or aluminium foil
  - Tetra packed drinks, single serve yoghurts and cheese
  - Single use plastic forks and spoons
  - Prepackaged food, i.e. biscuits, snack bars and chips

Nutrition Ustralia

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- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own vegie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
- · Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas

### Keeping Your Child Safe - Road Safety

The school community is concerned about ways to make our morning drop off routine safer. Parent's cars should not enter the bus zone between 8am - 9:30am & 2:30pm - 4pm.



This means that children can use the crossing safely without cars entering the area. The best place to drop your child off in the **morning**, is further down Salamander Street.



In the **afternoon** children line up and are led down by a teacher to Curacoa Street where parents are able to park easily and safely. This is suitable for K-6 students.



# What's happening in KG!

This term KG have been learning all about worms! Students have discovered many new and interesting facts about worms, including how important worms are for a healthy garden. We've had our very own wormery in the classroom to observe earthworms and how they make their burrows and feed on dead leaves. We've also been collecting our fruit scraps and feeding them to the worms in the worm farms in the sustainability garden.





# Coffs Harbour Public School Kindergarten 2019

### To all prospective parents and kindergarten students for 2019

Dear Parents and new Kindergarten students,

We would like to invite you to Coffs Harbour Public School's Orientation Program. Following is an outline of the program:

Day/Date	Time	Program
Friday 2 <sup>nd</sup> November Students & Parents	2.00 - 3.00	<u>Orientation Session 1</u> Deliver students to Kindergarten rooms at 2:00 and collect them at 3:00.
Friday 9 <sup>th</sup> November Students & Parents	2.00 – 3.00	<u>Orientation Session 2</u> Deliver students to Kindergarten rooms at 2:00 and collect them at 3:00.
Friday 16 <sup>th</sup> November Students & Parents	2.00 - 3.00	<u>Orientation Session 3</u> Deliver students to Kindergarten rooms at 2:00 and collect them at 3:00.
Friday 23 <sup>rd</sup> November Students & Parents	2.00 - 3.00	<u>Orientation Session 4</u> Deliver students to Kindergarten rooms at 2:00 and collect them at 3:00.
Friday 30 <sup>th</sup> November Students & Parents	2.00 – 3.00	<u>Orientation Session 5</u> Deliver students to Kindergarten rooms at 2:00 and collect them at 3:00.
Friday 7 <sup>th</sup> December Students & Parents	2.00 – 3.00	<u>Orientation Session 6</u> Deliver students to Kindergarten rooms at 2:00 and collect them at 3:00.

This kindergarten orientation program allows students the opportunity to make a smooth, happy transition to Kindergarten in 2019. Parents are welcome to attend and they will be able to see, first hand, the excellent educational experiences Coffs Harbour Public School has to offer.

On Friday 2<sup>nd</sup> November, there will be a Parent afternoon tea run by our P&C for you to enjoy.

We look forward to seeing you all there for our Kindergarten Orientation.

Yours sincerely,

Mrs Leonie Buehler *Principal* 





Ms Narelle Kelly Assistant Principal







### Coffs Harbour Public School 2018 Term 4 Calendar



Wk	Monday	Tuesday	Wednesday	Thursday	Friday
5	12/11 Lighthouse Community Of Schools Concert	13/11	14/11	15/11 Rally Australia Open Day 10:15am	16/11 2019 Kinder Transition 2pm - 3pm <b>Gymnastics</b>
6	19/11	20/11 Robotics Competition (9:00am - 1:30pm)	21/11	22/11 Assembly 3 - 6 (2pm) Performance by 3/6J & 3/6F Assembly K - 2 (2:30pm) Performance by KG	23/11 2019 Kinder Transition 2pm - 3pm <b>Gymnastics</b>
7	26/11	27/11	28/11 Stage 2 Camp - Cascade (New dates) Scripture Concert Orara High Transition	29/11 Stage 2 Camp - Cascade (New dates)	30/11 Stewart House Fundraiser 2019 Kinder Transition 2pm - 3pm Gymnastics
8	3/12	4/12 Leadership Speeches (11:30 - 1:00pm) CHHS Orientation Day	5/12	6/12 Mini Fete Day (11:30am - 1pm) Assembly 3 - 6 (2pm) Performance by 5M Assembly K - 2 (2:30pm) Performance by K/1B	7/12 2019 Kinder Transition 2pm - 3pm <b>Gymnastics</b>
9	10/12 Reports go home	11/12	12/12 Gymnastics (make up lesson) Yr 6 Graduation Night	13/12 Leaders Lunch	14/12 School Concert <b>Gymnastics</b>
10	17/12 Presentation Day	18/12	19/12 Rewards Day Last Day of School for Students	20/12 Staff Development Day No Students at School	21/12 Staff Development Day No Students at School