



# Coffs Harbour Public School

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**We acknowledge the traditional custodians of the land on which we live and work and we pay our respects to the Elders both past and present**

**3rd August, 2016**

Dear Parents and Carers,

Welcome to Education Week 2016. The theme for Education Week this year is 'Shared stories, better learning, stronger communities'. Today we celebrated our wonderful school and students with Open Day. I am enormously proud of the achievements of our students and staff and hope you enjoyed having the opportunity to visit classrooms, watch performances, visit the book fair and share some time with your children in their workplace.

## **Works around the School**

Work in the boys and girls toilets is going well. The boys' toilet block is nearly complete. The tilers have now started in the girls toilets and then the painters will commence. New windows will then be installed and we will be ready for the grand opening. The painters are progressing well on Block "B". Tony Hart is doing an outstanding job with the mural and it is looking terrific.

Work will commence on the new playground in September. This will include a new sandpit, rubber soft fall replacing the woodchip under the playground equipment, a COLA over the top of the equipment and new paths.

Work is planned for a new shed to house our school bus. Tendering is underway so we should have this complete in the next few months. I will continue to keep you updated as all project works continue.

In the interests of looking after our environment and reducing waste, we encourage all our families to access the newsletter through electronic means. It is on our website, skoolbag app and facebook. Please let the office know if you would prefer a paper copy and we will continue to send one home each week.

Remember that this Thursday is Coffs Cup. The school will close at 12 noon.

Have a great week,

Leonie

## **Coffs Cup Races**

Tomorrow, Thursday 4 August, is a local half day gazetted public holiday for the Coffs Harbour Cup. The school will be closed from 12 noon. Normal bus runs will operate in the morning but will not be available at 12 noon. Parents will need to make arrangements for their child to be collected from school. The bell will go at 11:50am. Please be aware that there will not be staff on duty after 12 noon.

## **Crunch & Sip Launch**

This morning we enjoyed the launch of Crunch & Sip in our school. Thank you to Nikki Kerr - Live Life Well Health Promotions Officer, Woolworths - Park Beach Plaza, Park Avenue, Toormina & Woolgoolga for the donation of their produce as well as Benny Banana and Golden Glow.



## **NAIDOC Week**

Next week we will be celebrating NAIDOC week. Each day, the students will be involved in various activities with special guests. We will be holding our NAIDOC assembly in the hall on Thursday at 11:30am. Parents and visitor are invited to attend. Following this, there will be light refreshments to share afterwards in the Rainbow Room.

On Thursday, students are asked to wear NAIDOC colours:

5 - 6 to wear **BLACK**  
3 - 4 to wear **RED**  
K - 2 to wear **YELLOW**

## Parent Community Liaison News

Hi Parents

An exciting week at school this week for Education Week and celebrating Public Schools. The theme this year is **"Shared stories, better learning, stronger communities"**. This is shown in the amount of parents who braved the weather and came to see our classrooms, choir, book fair and to share a healthy morning tea.

Our Photo Scanning day on Friday was a great success with about 40 former students attending with their class photos. We have collected more than 160 photos already. These photos will be saved and we will also make them publicly accessible soon. Feel proud about the rich heritage of our school - more than 130 years old and the oldest in Coffs Harbour. We have had Olympians and World Champions attend this school, and poets and doctors. People who still work in the Coffs Harbour area and who run big businesses as well as people who live all around the world now, came and studied here at our school. This has helped us build a stronger community and share our stories. Here is the oldest photo we received on the day was from 1939.



Our first aid course continues on the 19<sup>th</sup> of August and those who are signed up will get a note with details.

We are also happy to announce the start of All Parents Social English Group. If you want to practice English (or help others) please come along to the school on any of these days.

- Tuesday 16<sup>th</sup> August 2-3pm.
- Thursday 18<sup>th</sup> August 9-10 am
- Tuesday 23<sup>rd</sup> August 9-10 am
- Friday 26<sup>th</sup> August 2-3pm

We would love to help you with English!

One of the most exciting weeks in our school is NAIDOC week. We are celebrating next week and all parents are encouraged to attend and enjoy learning more about Aboriginal culture.

Enjoy your child's education Week!  
Caitlin

## Kinder Enrolments for 2017

If your child is enrolling in Kindergarten at CHPS in 2017 please leave details of name, address and birth date at the office. We will be sending out information later this term, so need names and addresses now please.

## Basketball

Both our boys and girls basketball teams played 3 games each in the PSSA knockout on Tuesday 2nd of August at Sportz Central. All students represented the school with pride displaying great individual and team skills and "never give up" attitude and wonderful sportsmanship towards others. Congratulations to both teams! Basketball training will continue each Monday during lunch time for any students who are interested.

Mrs Cook



## P&C News

The P&C committee enjoys supporting our kids and our school.

We have some important decisions to make over the coming term and everyone is invited to get involved and have a say. If you would like your voice to be heard within the P&C please come along to our next meeting on August 10 in the staffroom. New members are always welcome to come together and help make the school a better place for our children.

If you would like any further information, please contact the P&C by email at [chpspandc@gmail.com](mailto:chpspandc@gmail.com). You can also get regular updates on what's going on at our Facebook page: <https://www.facebook.com/chpspandc/>



## Waterwise in 1/2M



Last week 1/2M was lucky enough to have visitors from the Waterwise School Program come and talk to our class. We learnt about the water cycle and why water is so important in our lives. We also learnt ways we can save water and how to help keep our waterways clean.

### How to be Water Wise

*I strongly believe that we should save water because if we do not save water we won't be able to drink it. We need to have short showers and low baths or big baths if you are sharing it. We can keep the water clean. You have to put rubbish in the bin or you will make the water dirty.*

**By Lava**

### How to be Water Wise

*I strongly believe that you should save water because you need it every day. We need water for showers and baths. We save water by turning off taps when you are finished and doing half flushes in the toilet. You always have to put your rubbish in the bin because if you throw it on the ground it will go to the ocean and fish will eat it.*

**By Daniel**

### How to be Water Wise

*I think we should save our water because we use it every day. Water helps us to live for a long time. When you use water make sure that you turn the tap off after. When you go to the toilet you can use the half flush. We need to keep our water clean. When you are finished with your food make sure that all our peelings are in the bin so they don't get stuck in the drain.*

**By Melsya**



## **AFL Knockout**

Last Friday our school AFL team played Pottsville Beach Public School. Unfortunately we were defeated by a very good side. I would like to praise all the boys' efforts and their "never give up" attitude with the last 2 quarters proving to be very close. Well done boys. It is a huge achievement for the boys to progress this far in the competition.

Thank you to all the students who came to cheer our team on. Also, I would like to thank all the parents for their support, providing lifts to games and especially Mark McFaul for helping with goal umpiring at our games.

Simon Easey



## **District Athletics Carnival.**

Last Thursday 45 students represented our school at the Coffs Harbour District Athletics Carnival at the international stadium. All students were well behaved and displayed fantastic sportsmanship in their respective events.

A special congratulations to the following students who had notable performances in their events.

- Ama M - 11 yrs Age Champion 1st place 100m, 200m, Long Jump, High Jump and 3rd Discus
- Sarah T - 2nd 11yrs Girls 800m
- Ngaarruu T - 3rd Senior Boys Discus
- Junior Girls Relay - 3rd place
- Daniel C - 4th place 8yrs Boys 100m
- Olivia R - 4th place 9yrs Girls 100m
- Eunice N - 4th 8yrs Girls 100m

These athletes will now represent Coffs Harbour District at the area athletics carnival on Friday 12th August at Coffs Harbour International Stadium.



11 yrs Age Champion—Ama M





**Coffs Harbour P.S** is holding 2 x  
**Kindergarten 2017** parent  
information sessions. Parents and  
caregivers are invited to the school's  
library on **Tuesday, 30<sup>th</sup> August, 2016.**

Parents have a choice of attending  
either the day or night session

**Session 1:** 2.00 – 3.00p.m

**Session2:** 6.00 – 7.00p.m

**Everyone is Welcome**

Come along for a 'chat and a cuppa'  
and discover what our dynamic school  
has to offer. The school prides itself  
on an inclusive Kindergarten to Year 6  
commitment to developing:

**Responsibility, Respect, Safety  
and Excellence.**



## WHO'S IN CHARGE?

### A FREE GROUP FOR PARENTS

**Does your teenager hurt, intimidate or abuse you? Do you feel you're losing control? Want to better handle conflict?**

**Who's In Charge? is a FREE 4 session program for parents or carers of young people (12 to 18) who can be violent and defiant, or make choices that are putting them & their family at risk.**

**August 24 & 31 and September 7 & 14**  
**Wednesdays 9.30am - 12.30pm**  
**Cavanbah Centre, Room A**  
**191 Harbour Drive, Coffs Harbour**

The Who's In Charge group aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame which many parents feel
- Offer ideas to help you develop strategies for managing adolescent behaviour
- Explore ways of increasing safety and well-being
- Help you feel more in control and less stressed

FOR MORE INFORMATION AND/OR TO REGISTER TO ATTEND,  
PLEASE RING 6651 1788 OR EMAIL [contact@midcc.org.au](mailto:contact@midcc.org.au)  
BOOKINGS ARE ESSENTIAL. PLACES ARE LIMITED.

A light morning tea will be provided. (Unfortunately childcare cannot be provided)

Nutrition Snippet

## The simplest way

...to make fruit & veg lunch box-friendly.

Make tucking in to fruit and veg easy for little hands at recess and lunch time. Try these simple ideas:

**Mandarin:**  
Peel, keeping the rind intact and place loosely around the fruit and wrap or pop in a container.



**Apple:**  
Cut slices of apple, then place back around the core. Use a rubber band or wrap to secure (this will help prevent pieces browning too).

**Avocado:**  
Mix mashed avocado with a drizzle of lemon. Pop in a container to serve with crispbread, Cruskits or corn thins.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



# Coffs Harbour Public School

## 2016 Term 3 Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
18/7	19/7	20/7	21/7 School Photo Day Special Ed Reviews	22/7
25/7 Gymnastics	26/7	27/7	28/7 Gymnastics District Athletics Carnival	29/7 Photo Screening Day K-2 Assembly 11.30am (Performance by K - 3B ) 3-6 Assembly 12.15pm (Performance by 3/40) Ms Benning's Last Day
1/8 Education Week Gymnastics Mrs Blomfield's 1st Day	2/8 PSSA Basketball Knockout	3/8 Open Day (9:45 - 11:40am)	4/8 Coffs Cup Race Day (1/2 day public holiday) No Gymnastics - make up class on 6/9	5/8
8/8 NAIDOC Week Gymnastics	9/8	10/8 P & C Meeting	11/8 Gymnastics	12/8 MNC Athletics Carnival K-2 Assembly 11.30am (Performance by 2M) 3-6 Assembly 12.15pm (Performance by 3/4K)
15/8 Gymnastics	16/8 Parents Social English Group	17/8	18/8 Gymnastics Parents Social English Group	19/8
22/8 Gymnastics	23/8 Parents Social English Group	24/8	25/8 Gymnastics	26/8 Parents Social English Group K-2 Assembly 11.30am (Performance by 1AM ) 3-6 Assembly 12.15pm (Performance by 3/4C)
29/8 Gymnastics	30/8	31/8	1/9 Gymnastics	2/9 North Coast Athletics Carnival
5/9 Gymnastics	6/9 Make up class for Gymnastics	7/9	8/9 Gymnastics	9/9 Multicultural Day K-2 Assembly 11.30am (Performance by 2B) 3-6 Assembly 12.15pm (Performance by 5/6B)
12/9 Gymnastics	13/9	14/9 P & C Meeting	15/9 Gymnastics	16/9 PB Assembly
19/9 Gymnastics	20/9	21/9	22/9 Gymnastics	23/9 K-2 Assembly 11.30am (Performance by 1M ) 3-6 Assembly 12.15pm (Performance by 3/6J & 3/6F)