



# Coffs Harbour Public School

Mrs Leonie Buehler — School Principal

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**We acknowledge the traditional custodians of the land on which we live and work and we pay our respects to the Elders both past and present**

**29th June, 2016**

Dear Parents and Carers,

Thank you to the many parents and carers who were able to make the parent / teacher interviews yesterday. It's a terrific chance to be able to talk about your children and how they're going. If you haven't had the opportunity to see your child's teacher please contact the school to book a time that is mutually suitable.

Congratulations to all of the students who will be participating in the Rewards days this week. We are very proud of you and hope you enjoy your day tomorrow.

A reminder for students to come to school with Crazy Hair on Friday. Please support the Starlight Foundation by sending your children to school with a gold coin donation. The SRC will have cans of coloured hair spray at a cost of a gold coin at school.

During the school holidays we are hoping to have quite a bit of work done in and around our school. The boys and girls toilets will be renovated, staff toilets in the admin building will be renovated, the building with the staffroom will be painted and the mural outside the Library will continue to be painted. Please keep a watchful eye over our school during the holidays and report anything untoward to the police.

It has been a terrific term of educational opportunities for our students. We have seen children excel in performing at Eisteddfods, in sporting teams, as individual sportspersons, in public speaking, in academic pursuits, as leaders and in many other ways. We are very proud of our students, who rise to the occasion and are exemplary role models and ambassadors for our school. Thank you to our teachers who make these experiences become a reality for the students. Thank you to the parents who have supported students in these activities. We send our appreciation to all parents who have helped with student banking, the P&C fundraising or in any other way. It has been a busy and rewarding term and I wish our staff and students a happy

and safe break to recharge their batteries before they return for second semester. Students return to school on Tuesday 19 July.

Have a great week,  
Leonie

## **Term 2 Attendance**

This term's attendance party was won by 2B. Well done 2B, hope you enjoy your party.

Our \$25 Amart Sports attendance prizes were won by Hayley Ann H and Sarah B for 85% or higher attendance so far this year. Congratulations girls.



## **Sustainability Club — Green Gurus and Eco Warriors**



### Term 2 Disco

Our term 2 disco is on this **Friday 1st July**.

**Time:** 1:15-1:45pm

**Theme:** Crazy Hair

All students who have had acceptable behaviour are welcome to attend this free event.

### Crazy Hair Day

Crazy Hair day is this Friday 1st July. All children choosing to wear crazy hair to school are asked to bring a gold coin donation for the Starlight Foundation. Children are not allowed to bring coloured hair spray cans to school.

### Crunch & Sip

As most of you are aware, our school has recently had a big focus on becoming a Crunch and Sip School. The Live Life Well @ School Committee have been so impressed with how well the students and parents have taken on board this healthy initiative by supplying beautiful fruit, veg and water every day.

Now that we are in the swing of things with the program we would like to launch Coffs Harbour Public School as official Crunch & Sip School. The launch will take place in Week 3 of Term 3. We are asking students to dress up as a fruit or veg or even just in the colour of their favourite piece of fruit or veg. Please see below for some costume ideas! (Images sources from google.com). More information to follow.



### School Photos

School photos will be on Thursday 21st July 2016. This is the first week back after the school holidays. Family photo envelopes can be collected from the office. All students will need to wear full school uniform not sports uniform on the day.

### Yarrahappini Excursion Update

Outstanding balances need to be paid by Wednesday September 21, 2016. For those students who have not yet paid in full, the remaining amount is \$105.00. This amount can be paid in \$20 weekly instalments at the office until full payment is reached. The medical note also needs to be returned as soon as possible.

Thank you  
Mr Kenny

### Author Visit — School holiday Event

**FREE WACKY KIDS SHOW**  
With Australian Author  
**CHRIS COLLIN**

**THE BOOKS**  
These beautiful Australian picture books come with an amazing audio-visual CD which includes the narrated story to music and bonus song, performed by the author.

**NEW RELEASE!!**

**THE SHOW**  
Chris Collin is an Australian author of wacky, rhyming Australian children's books. His presentations are fun, interactive and are adapted to suit all age levels!

- CHRIS WILL READ HIS AWESOME NEW BOOK **FUNKY CHICKEN: CHOOKS IN SPACE!**
- AMAZING AUDIO-VISUAL SLIDE-SHOWS
- MEET CHRIS' PUPPET FRIENDS!
- SINGING & DANCING!
- CRAFT ACTIVITIES!
- BOOKS & MERCHANDISE (Get your own signed copy!)

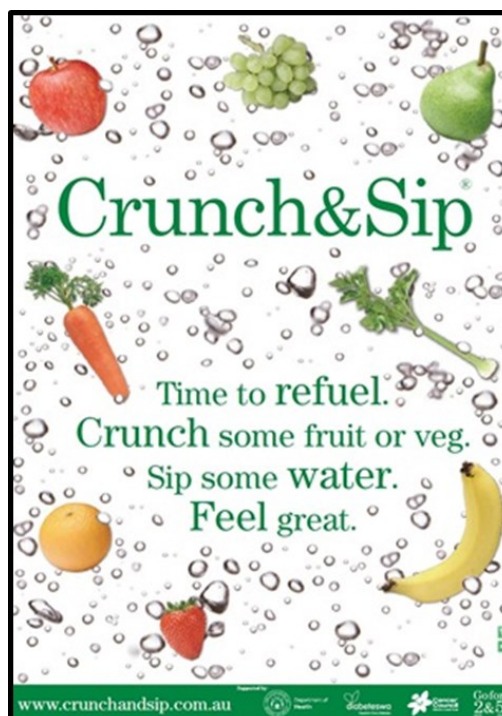
It's only very little  
No, not so very tall  
Short, round, head and toes  
With a very odd call!

**WHEN?** MONDAY 11<sup>TH</sup> JULY - 10:00am

**WHERE?** HARRY BAILEY MEMORIAL LIBRARY,  
COFFS HARBOUR

[www.funkybooks.com.au](http://www.funkybooks.com.au)

E: [library.bookings@chcc.nsw.gov.au](mailto:library.bookings@chcc.nsw.gov.au) T: 66484900





## P&C News

P&C fundraising events are done for Term 2 so all that is left is for the kids to enjoy their respective reward's day during the last week of Term.

If you would like your voice to be heard within the P&C please come along to our next meeting on August 10 in the staffroom. New members are always welcome to come together and help make the school a better place for our children.

If you would like any further information, please contact the P&C by email at [chpspandc@gmail.com](mailto:chpspandc@gmail.com). You can also get regular updates on what's going on at our Facebook page: <https://www.facebook.com/chpspandc/>

## Rewarding regular savers with spectacular prizes.

We're bringing the exciting news that Prize Lights have appeared in the Outback sky, and the Dollarsmites are giving students who demonstrate regular savings behaviour the chance to win spectacular prizes.

### How to enter

Students must simply make three or more School Banking deposits during Term 3 for a chance to win one of the Star Saver prizes, including camping kits, instant cameras and magazine packs.

What's more, students who complete the fun Stargazing online activity, along with making three or more school Banking deposits during Term 3, will also go in the separate draw to win one of the Supernova prizes – a PlayStation 4 pack. Students can complete the Stargazing activity online at any time during Term 3 by visiting [commbank.com.au/prizelights](http://commbank.com.au/prizelights)

### Win a bag of sports equipment for your school

We're also giving schools participating in the School Banking program a chance to win one of 75 bags full of sports equipment, valued at \$200, when students make three School Banking deposits during Term 3.

To complete the Stargazing activity, or to find out more, visit [commbank.com.au/prizelights](http://commbank.com.au/prizelights)



Things you should know: Conditions apply. See [commbank.com.au/prizelights](http://commbank.com.au/prizelights). Promotion starts 9:00am AEST 1/1/17 and ends 11:00pm AEST 30/9/17. Student Element Entry is open to all Outback customers aged 15 years. Entry must be made through the School Banking program. 1 entry received for Supernova draw when completing a Stargazing activity at [commbank.com.au/prizelights](http://commbank.com.au/prizelights) and submitting a fully completed entry form. Max of 1 entry per person per draw. Entries will be divided into the following Star Saver prize groups: 90 Instant Camera, 200 Magazine Packs, 50 Camping Kits, 50 PlayStation 4 Packs and 75 Bags of Sports Equipment. The 90 Instant Camera prize valued at \$114 each, and 200 12-month subscriptions to Total Girl or K Zone magazine valued at \$45 each, will be distributed among the Star Saver prize groups. The 50 Camping Kits prize valued at \$114 each, and 50 PlayStation 4 Packs valued at \$167 each, and the 75 Bags of Sports Equipment prize valued at \$200 each, will be distributed among the Supernova prize groups. The 75 Bags of Sports Equipment prize will be published in the public notice section of the Australian Financial Review. All winners names will be published at [commbank.com.au/prizelights](http://commbank.com.au/prizelights) on 19/10/17. School Element Entry is open to all schools operating in Australia who participate in the School Banking program and have at least 1 student entered into the Student Element of the promotion. Entry of 1 entry per school. Entries will be divided into the following Star Saver prize groups: 90 Instant Camera, 200 Magazine Packs, 50 Camping Kits, 50 PlayStation 4 Packs and 75 Bags of Sports Equipment. A total of 75 prizes of a full sports pack to the value of \$200 for each winning school will be distributed among the Star Saver prize groups. Prize draws will take place at 12 noon AEST 1/10/17 and 1/11/17 at Commonwealth Bank, Level 3, 11 Harbour Street, Sydney. Total prize value \$7,140,500. The Promoter is Commonwealth Bank of Australia ABN 48 120 123 124 of Level 3, 11 Harbour Street, Sydney NSW 2000. NSW Permit No LTP57603433, ACT Permit No TP1600802, SA Permit No T160764.



## Parent Community Liaison News

Hello to all Parents

Last week of Term 2 and I hope the holidays treat you and your children to some relaxing time together.

We are ending on a busy note. PB Assembly today and Assembly on Friday. We also have the Parent First Aid course running on Friday for our first group. We will have a few spare spaces for another class in Term 3 if you are interested in becoming certified in First Aid at no cost.

Our school is also holding a Photo Scanning Day on Friday July 28<sup>th</sup>. If you, family or neighbours have any old photos of CHPS classes we would love to make a copy of them. Bring them along to the school library on that day and we will scan them and be able to give you a digital copy of your photo as well while you wait. Please take a flyer to share.

Thank you to the parents who have expressed an interest in being part of an English Conversation group. We are still gathering names so if you

- want to improve your English
- want to help others learn English

contact the school office to have your name put down on the list or please contact me at [caitlin.mackie3@det.nsw.edu.au](mailto:caitlin.mackie3@det.nsw.edu.au)

Parent Teacher Interviews were held yesterday and I hope that your meeting with teachers was helpful. Studies show that children of parents who are involved in their child's time at school by attending interviews, asking about what they are learning and participating in school events perform better academically and are happier at school.

**Learning is a treasure that will follow its owner everywhere - Chinese Proverb**

While the holidays are on some of our staff and students will celebrate Eid, the end of Ramadan. Also NAIDOC week will be celebrated in the community and our school will have our NAIDOC events in Term 3. I should end with a big thanks to the P&C for all their hard work over the past two terms and all of the great ways that they contribute to parental involvement in the school.

Enjoy the holidays and see you all on Tuesday 19<sup>th</sup> July.

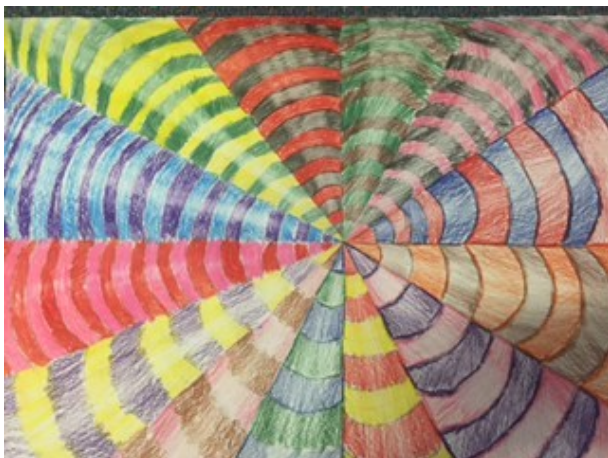
Caitlin Mackie  
Parent Community Liaison Officer

# Have a safe & happy holiday

See you all back at school  
on Tuesday 19th July

## 5/6L News

It has been a busy term up in Stage 3. In 5/6L we have been learning about space and the solar system. We have also been studying about different natural disasters particularly, those disasters that have affected us personally or people we know such as flood, fire and drought. Here is some work from our students.





Call today on **1300 65 16 25**

**All children under 18yrs of age can receive FREE DENTAL CARE through the Mid North Coast Local Health District.**

PARENTS **DO NOT** NEED TO HOLD A PENSION CARD OR HEALTH CARE CARD FOR THEIR CHILD TO BE ELIGIBLE.



Please call **1300 65 16 25** if you would like your child to have a check-up.

IF THEY ARE IN PAIN OR HAVE DENTAL PROBLEMS THEY WILL BE PRIORITISED WHEN YOU CALL **1300 65 16 25** TO BE TRIAGED.

OUR MID NORTH COAST LOCAL HEALTH DISTRICT DENTAL CLINICS ARE SITUATED IN:

<b>PORT MACQUARIE</b>	Morton Street (Old Hospital)	Port Macquarie
<b>WAUCHOPE:</b>	Wauchope Community Health Campus High Street (adjacent to hospital)	Wauchope
<b>LAURIETON:</b>	Camden Haven Community Health Campus Laurie Street	Laurieton
<b>KEMPSEY:</b>	Kempsey Community Health Campus (in hospital grounds) Polwood Street	Kempsey
<b>COFFS HARBOUR</b>	Coffs Harbour Health Campus Pacific Highway	Coffs Harbour

Coffs Harbour Network  
Oral Health Services  
Locked Bag 812  
Coffs Harbour 2450  
Tel 1300 651 625  
Website <http://mncld.health.nsw.gov.au/>

Hastings Macleay Network  
Oral Health Services  
PO Box 126  
Port Macquarie 2444  
Tel 1300 651 625  
Website <http://mncld.health.nsw.gov.au/>



Nutrition Snippet

## The simplest way

...to eat extra veg every day.

Think a daily dose of five veg sounds like a lot? It's not, with these quick and easy ways to eat extra veg every day!



**Baked beans** on toast for breakfast (legumes count as veg).

**Veg snacks:** carrot and celery sticks; corn on the cob (hot or cold); leftover baked pumpkin or sweet potato (great on sandwiches too).

Spread **avocado** on toast or sandwiches.



**Vegie sandwich:** cucumber slices sandwiched together with reduced-fat cream cheese.



**Salad on sandwiches:** grated carrot, lettuce, tomato and cucumber; or tabbouleh.

**Veg-noodles:** long thin strands of grated zucchini, carrot, sweet potato or parsnip mixed with wheat-based pasta or noodles.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



## School Gymnastics - Parent Fact Sheet

In Term 3 our school (K-6) will be participating in the "School Gymnastics for the NSW Mid North Coast" award-winning program. They have over 13 years of experience and supply qualified coaches and all the equipment needed.

The program consists of a comprehensive and progressive set of lessons that meet the outcome expectations for each learning stage. All activities are tailored to meet each child's ability. The programs will steadily progress from week to week to teach students specific gymnastics skills whilst developing overall fitness, core strength, flexibility, and enhancing spatial awareness.

Weekly lessons will run for 8 weeks from 25th July - 15th September, 2016.

Costing is set out below:

- \$16 per student for the term (non refundable) or
- \$2 per week per child

Please place payment in a clearly marked envelope (available from your child's teacher) and give to the classroom teacher who will record payments and forward the money to the office.

Permission note to be returned by 25<sup>th</sup> July, 2016

### School Gymnastics 2016

I give permission for my child..... in class..... to participate in the School Gymnastics for the NSW Mid North Coast" program.

I enclose

☐  
☐

Full payment of \$16 for the term or

Will pay \$2 per week

Special conditions of my child of which the school should be aware:

Signed: .....

Parent/Guardian

Date: .....