



# Coffs Harbour Public School

Mrs Leonie Buehler — School Principal

7 Salamander Street  
Coffs Harbour NSW 2450

Phone: 6652 3355  
Fax: 6651 3991

Email: [coffsharb-p.school@det.nsw.edu.au](mailto:coffsharb-p.school@det.nsw.edu.au)

Web Address: [www.coffsharb-p.schools@nsw.edu.au](http://www.coffsharb-p.schools@nsw.edu.au)

**We acknowledge the traditional custodians of the land on which we live and work and we pay our respects to the Elders both past and present**

**27th July, 2016**

Dear Parents and Carers,

This week we farewell Ms Chendee Benning, who will be married soon and then moving away from the area. Ms Benning has been a terrific teacher in our school and we wish her all the very best in her future endeavours. On behalf of the school, I'd like to thank Chendee for her passion, dedication and commitment to the students at CHPS.

Mrs Louise Blomfield will be taking over 2B from Ms Benning next Monday. Louise is our new Assistant Principal and will be supervising K-2. Mrs Kellie Melittas will supervise Yr 5-6 (stage 3). Many thanks to Mrs Anne Bullen for relieving as Assistant Principal on stage 3 for the last 15 weeks.

## **Education Week**

NSW Public Schools will celebrate Education Week in Week 3 of this term. Please join us!

Wednesday 3 August: Our school will host a special celebration of Education Week. We invite parents and community members to visit our school.

9:45am -10:15am : Performances by groups of our wonderful choirs in the hall

10:15am – 10:45am : Classrooms will open for parents and community to visit.

10:45am- 11am : Crunch 'n' Sip launch in the COLA

11:00 -11:40am : We invite parents to bring a picnic morning tea to enjoy with your children until 11:40am.

We hope you can come along and visit your children for Education Week!

Have a great week,  
Leonie

## **Gymnastics**

Gymnastics lessons have started this week. Each child has the opportunity to participate in weekly lessons for eight weeks. Reports back from students and teachers are very favourable of the program. Feel free to pay \$2 weekly or \$16 for the entire program.

## **Coffs Cup Races**

On Thursday 4 August there is a local half day public holiday for the Coffs Harbour Cup. The school will be closed from 12 noon. Normal bus runs will operate in the morning but will not be available at 12 noon. Parents will need to make arrangements for their child to be collected from school. Please be aware that there will not be staff on duty after 12 noon.

## **Community OOSH on Coffs Cup Race Day**

Community OOSH Services will be offering care on Coffs Cup Day - Thursday 4 August, based upon minimum bookings for each centre. If you would like to register your interest for care on this day please contact them via email [admin@communityoosh.com.au](mailto:admin@communityoosh.com.au) or call 0466 306 220. The cost of this program will be charged at the Vacation Care rate.

All families who register for care on Coffs Cup will be notified by Tuesday 2 August to confirm that the centre will be operating and their booking has been accepted.

The program will officially start from 12:00pm to 6:00pm with school pickups starting at 11:30am. estimated last pickup time of 12:15pm.

## **Kindergarten Story Time**



### Yarrahappini Excursion Update

Outstanding balances need to be paid by Wednesday September 21, 2016. For those students who have not yet paid in full, the remaining amount is \$105.00. This amount can be paid in \$20 weekly instalments at the office until full payment is reached. The medical note also needs to be returned as soon as possible.

Thank you - Mr Kenny

### Kinder Enrolments for 2017

If your child is enrolling in Kindergarten at CHPS in 2017 please leave details of name, address and birth date at the office. We will be sending out information later this term, so need names and addresses now please.

### Multicultural Day

On Friday 9th September, CHPS will be recognising and celebrating the many cultures that attend our school. A Multicultural Day is a wonderful way to support our students and acknowledge the richness and diversity of the different cultures that make up our school. It is also a great opportunity to appreciate everything we have in common such as a safe place to grow up and learn, good friends and a positive future. All parents and families are invited to attend this event and are also invited to contact the school if they would like to actively participate on the day.

### P&C News

Welcome back to everyone after the term break. I hope that you were able to spend quality family time over the two weeks. At the P&C we're excited to be back and supporting our kids and our school. The first two terms have certainly been busy, but thanks to the tireless efforts of the P&C volunteers we've been moving in a positive direction.

We have some important decisions to make over the coming term and everyone is invited to get involved and have a say. If you would like your voice to be heard within the P&C please come along to our next meeting on August 10 in the staffroom. New members are always welcome to come together and help make the school a better place for our children.

If you would like any further information, please contact the P&C by email at [chpspandc@gmail.com](mailto:chpspandc@gmail.com). You can also get regular updates on what's going on at our Facebook page: <https://www.facebook.com/chpspandc/>

Small changes,  
big differences.

**Uniting**  
Triple P  
for every parent



**FREE Triple P Parenting Group**  
Helping you raise happy confident kids

**DATES:** Over four Thursdays from 18/08/2016 to 8/09/2016

**TIME:** 10.00 am – 12.00 pm

**VENUE:** 18<sup>th</sup> & 25<sup>th</sup> August at the Uniting Church Hall, Gordon Street, Coffs Hbr  
1<sup>st</sup> & 8<sup>th</sup> September at Burnside Family Centre, 7 McLean St, Coffs Hbr

**PRESENTER:** Uniting Burnside Coffs Harbour Family Support Service

**F R E E**



**F R E E**

**FOR BOOKINGS AND INFORMATION:**  
Phone: 6659 2800 or email: [unitingcoffsharbour@uniting.org](mailto:unitingcoffsharbour@uniting.org)  
Morning tea and transport provided



[www.triplep.net](http://www.triplep.net)

  
**The simplest way**  
...to get a vitamin D dose in winter.

**Did you know that we need some sun exposure to make vitamin D for healthy bones and muscles?**

In NSW, UV levels are at their lowest in June and July. In the north and far west, most people need 20-25 minutes of sun exposure during mid-morning or mid-afternoon, and in the south 30-40 minutes in the middle of the day.

This will keep your vitamin D levels topped up during winter. Brave the chill and roll up your sleeves to get some sunlight on your forearms as well as your hands!

But don't risk damaging your skin. UV levels can change from day to day. When UV levels are 3 and above, use sun protection. People who use sunscreen regularly when UV levels are 3 and above do not have lower vitamin D levels than people who don't.

Check UV levels for your local area on the free SunSmart App for smart phones; download it from the App Store or Google Play.



To help keep your kids safe, check your schools SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)

**SUNSMART**

### **Live Life Well @ School**

**Did you know** it is recommended that children aged 5-12 years spend no more than 2 hours a day using electronic media/screens for entertainment?

There are many simple things you can do to limit the time your child spends in front of a screen:

- ♦ Try a screen free day each week
- ♦ Remove TV's and computers from bedrooms and keep in a central location like the family room
- ♦ Turn off the TV during dinner and eat together at the table





## **Parent Community Liaison News**

Thanks to those parents who attended our Parent Group to help other parents learn English. We appreciate your efforts to be a part of strengthening our whole parent community and giving up your time. I will approach parents shortly about joining our All Parents Social English Group if you would like some English conversation practice.

Parents also had a nice stroll at the Botanic Gardens on Friday and discovered that they will have a Pokewalk hosted there on Friday 5<sup>th</sup> August from 5-8pm if any parents want to take their children. Bring a torch and the café at the Botanic Gardens will be open.

This Friday is a big day for the community to come and share their old school photos with us. If you went to Coffs Harbour Public School, or members of your family, please come along on Friday between 9.30- 2.30 and we will scan your photos. We are the oldest school in the area and we want to make sure we preserve our history and keep records for generations to come.

### **Education can change the scope of an entire family- Nitin Nohria (Harvard Business School Dean)**

Parents, please take note of the details for Education Week and the Open Day next week - children love seeing your smiling faces and being proud of what they have created and accomplished. We will also have NAIDOC week coming up with lots of activities and opportunities for parents to attend.

For parents who have children with a disability we are in the process of planning a meeting to discuss the National Disability Insurance scheme and how to prepare if you have a Primary school aged child. Notes will go out soon with an invitation to attend to our school families. Please contact me if you are interested or have any questions.

Thanks again

Caitlin Mackie  
Parent Community Liaison Officer

### **Photo Scanning Day**

Photo Scanning Day will be happening in the school library this Friday from **9.30am - 2.30 pm**. This is an opportunity for members of our community who attended here or who have items of historical interest, to have them preserved and shared with the school. If you have any photos from 2001 or prior please feel free to come along.



## **Humans of CHPS**

### **Miss Nagham**

I came to Australia in 2005 with Yarob and our two daughters who were aged 6 and 3 then. It was hard to leave where we live in Baghdad, Iraq. I just visited my Mum and Dad in Jordan a few months ago and I loved seeing them.

Tonight for dinner I will cook Chicken Biryani Curry but my favourite foods are Dolma and Red Rice. I love to cook and share food. I love people trying my food and seeing them enjoying it makes me happy. The prettiest places I have ever been are Australia, France, Jordan and Iraq and I have travelled to lots of different places like America.

What do I like about Coffs Harbour Public School? I like the Breakfast Club in the morning, staff and students and the Multicultural Day.

What would surprise you about me? I grow lots of herbs and lots of plants indoors. I also have zebra finches at home. I also speak two languages - Arabic and English.



### 3/4O Newsletter article

Term 2 was very busy in 3/4O. We had been learning about the Earth, Moon and the Sun. Some of the learning we undertook included report writing, investigations, artworks and research projects. Here is some work from our students.

#### The Moon

The moon is one of the things in space. The moon is a satellite for Earth and is nearly a planet.

There are four types of stages of the moon. These are the third quarter, first quarter, new moon and full moon.

It is made out of rock and has a rough surface. It was created by hitting a large object called Thor and eventually melted together to make the moon.

The moon never stops moving and is very old.

*By Sophie H*

#### The Hot Burning Ball

The sun is a star. The sun's core centre is about 13 million degrees. About 75% of the sun's mass is made up of gas.

Light from the sun takes about 8 minutes to reach the Earth. It would take 1.3 million Earths to fill up the sun. The sun is the biggest star that we know about.

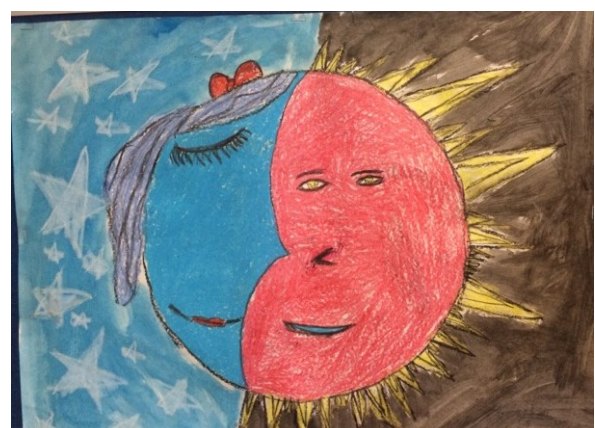
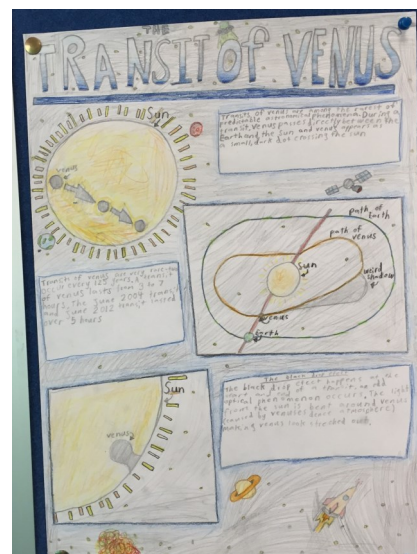
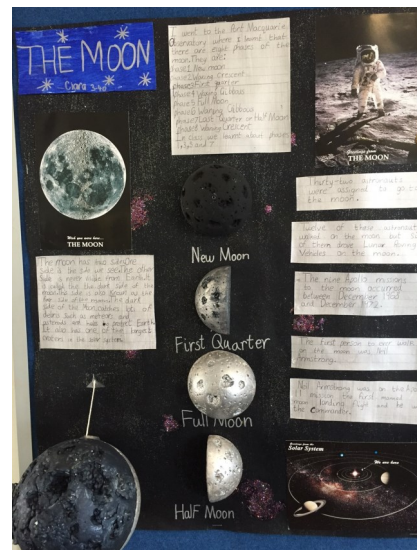
*By Steven B*

#### Report on the Sun

The sun is what keeps us alive. If the sun didn't exist we would not exist. The sun is made up of hydrogen and helium gases.

The sun is a big star that keeps Earth the right temperature. The sun's core is about 1.3 million degrees. The sun is a big star.

*By Preston F*





# Coffs Harbour Public School

## 2016 Term 3 Calendar



| Monday   | Tuesday                                | Wednesday                           | Thursday   | Friday  |
|--|--|-------------------------------------|--|---|
| 18/7   | 19/7                                   | 20/7                                | 21/7<br>School Photo Day<br>Special Ed Reviews   | 22/7  |
| 25/7<br>Gymnastics   | 26/7                                   | 27/7                                | 28/7<br>Gymnastics<br>District Athletics Carnival  | 29/7<br>Photo Screening Day<br>K-2 Assembly 11.30am<br>(Performance by K - 3B )<br>3-6 Assembly 12.15pm<br>(Performance by 3/40)<br>Ms Benning's Last Day |
| 1/8<br>Education Week<br>Gymnastics<br>Mrs Blomfield's 1st Day | 2/8<br>PSSA Basketball<br>Knockout     | 3/8<br>Open Day<br>(9:45 - 11:40am) | 4/8<br>Coffs Cup Race Day<br>(1/2 day public holiday)<br>No Gymnastics - make up<br>class on 6/9 | 5/8   |
| 8/8<br>NAIDOC Week<br>Gymnastics                               | 9/8                                    | 10/8<br>P & C Meeting               | 11/8<br>Gymnastics   | 12/8<br>MNC Athletics Carnival<br>K-2 Assembly 11.30am<br>(Performance by 2M)<br>3-6 Assembly 12.15pm<br>(Performance by 3/4K)                            |
| 15/8<br>Gymnastics   | 16/8                                   | 17/8                                | 18/8<br>Gymnastics   | 19/8  |
| 22/8<br>Gymnastics   | 23/8                                   | 24/8                                | 25/8<br>Gymnastics   | 26/8<br>K-2 Assembly 11.30am<br>(Performance by 1AM )<br>3-6 Assembly 12.15pm<br>(Performance by 3/4C)  |
| 29/8<br>Gymnastics   | 30/8                                   | 31/8                                | 1/9<br>Gymnastics  | 2/9<br>North Coast Athletics<br>Carnival  |
| 5/9<br>Gymnastics  | 6/9<br>Make up class for<br>Gymnastics | 7/9                                 | 8/9<br>Gymnastics  | 9/9<br>Multicultural Day<br>K-2 Assembly 11.30am<br>(Performance by 2B)<br>3-6 Assembly 12.15pm<br>(Performance by 5/6B)                                  |
| 12/9<br>Gymnastics   | 13/9                                   | 14/9<br>P & C Meeting               | 15/9<br>Gymnastics   | 16/9<br>PB Assembly   |
| 19/9<br>Gymnastics   | 20/9                                   | 21/9                                | 22/9<br>Gymnastics   | 23/9<br>K-2 Assembly 11.30am<br>(Performance by 1M )<br>3-6 Assembly 12.15pm<br>(Performance by 3/6J & 3/6F)  |